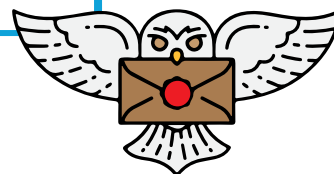




Monday	Tuesday	Wednesday	Thursday	Friday
1 STAT HOLIDAY - CLOSED See Holiday Schedule for Modified Hours	2 See Holiday Schedule for Modified Hours	3 See Holiday Schedule for Modified Hours	4 See Holiday Schedule for Modified Hours	5 See Holiday Schedule for Modified Hours
8 Help us transform the Hub from Muggle to Magical! 18-25 (4:30-6:00pm)	9 Employment Support (Cover Letter & Resume Review) Ages 18-25 (2:00-3:30pm)	10 Create Harry Potter Bookmarks 18-25 (2:30-4:00pm)	11 Harry Potter Trivia 12-17 (4:30-6:00pm)	12 Hub Open House Tours (10am-12pm) Hub Drop-In Ages 18-25 (12-2pm)
15 Harry Potter Scavenger Hunt 12-17 (3:30-5:00pm)	16 Drop-In Ages 18-25 (3:00-4:30pm)	17 Create Harry Potter Bookmarks 12-17 (4:30-6:00pm)	18 Drop-In: Harry Potter games, colouring sheets and puzzles available 18-25 (4:30-6:00pm)	19 Hub Open House Tours (10am-12pm) Hub Drop-In Ages 12-17 (12-2 pm)
22 Pizza + Movie Night! Come watch a Harry Potter movie and wear your favourite HP outfit! 18-25 (4:00-6:30pm)	23 After School Drop-In Ages 12-17 (3:00-4:30pm)	24 Harry Potter Trivia 18-25 (4:30-6:00pm)	25 Drop-In: Harry Potter games, colouring sheets and puzzles available 12-17 (4:30-6:00pm)	26 Hub Open House Tours (10am-12pm) Hub Drop-In Ages 18-25 (12-2pm)
29 Pizza + Movie Night! Come watch a Harry Potter movie and wear your favourite HP outfit! Aged 12-17 (4:00-6:30pm)	30 Drop-In Ages 18-25 (3:00-4:30pm)	31 Harry Potter Scavenger Hunt 18-25 (4:30-6:00pm)		



**Substance Use
Counselling (EN)**

Our counsellor provides counselling for substance use & concurrent disorders, client centered goal plans including abstinence, tapering use, harm reduction, clinical assessments & referrals as needed.

**Peer Support Program
(EN/FR)**

Our Youth Navigators provide emotional and practical supports, navigation support around mental health & substance use, as well as individual and group supports.

**Mental Health
Counselling (EN)**

Our counsellors provide brief solution-focused sessions dealing with stress, depression, anxiety, coping with difficult emotions, and providing referrals as needed.

Employment/IPS (EN)

Our Individual Placement & Support (IPS) worker is integrated into our mental health services to help youth find, secure, and keep meaningful employment, including resume building and interview skills.

**Primary Care Practitioner
(EN)**

Our Nurse Practitioner helps youth with concerns about their sexual health, physical health, mental health, general questions, and providing outside referrals as needed.

Care Coordination (EN)

Support with navigating community resources, such as mental health and substance use supports, connection with longer-term programming and coordination of hub & community services.



Hub Services

Available by appointment