



**YOUTH WELLNESS
HUB NIAGARA**
CARREFOUR BIEN-ÊTRE
DES JEUNES DU NIAGARA



Individual Placement and Support Services (IPS)

We provide all youth 12 – 25, who are unemployed, not in school, and not in a training program (or at a high risk of becoming so) an opportunity to access employment and educational supports.

We support youth with:

- Developing a career profile and job search plans
- Completing and turning in job applications
- Writing resumes
- Practicing job interviews
- Assist with finding, securing and keeping meaningful employment.
- Individualized long-term supports



Mental Health Drop-in Hours

Tuesday: 11 am – 4 pm

Wednesday: 2 – 7 pm



Register with Us

Please register with us 24 hours before wellness activities and drop-in

